Previous references.
Pris 45-10/1-6/March 1911.
(Prisons)

File No. 53-11
Serial Nos. 1-4

Later references.
Pris 54-11-1-9
Pris 48-12; 1-7
- 37-13 (1-4)
Pris 24-15 (1806)

GENERAL AND REVENUE SECRETARIAT.

Serial Nos. 1-4

Part B. for May 1912

SUBJECT.

Continuance of the modified scale of Vegetarian diet to hard labour Indian convicts of the B. C. & Mysore jail

1) From the Dy of Prisons - 411/31-08 & 25.4.12
Requests sanction for the continuance of the said diet for three years.

2) To the H. A. Resident - No: Pol 933 & 7.5.12
Invites his views in the matter.

3) From — Do — No: 3021 & 10.5.12
Agrees to the proposal

4) To the Dy of Prisons No: J 3555 & 31.5.12
Sanctions the Dy's request.

G. R. S. 58

Pris 54-11-1-9

1

G.R.S. 11] 1911-2

GENERAL AND REVENUE SECRETARIAT.

(Prisons)

NOTES.

File No. 53-11

FILE HEADING.

Continuance of the modified scale of vegetarian diet to hard labour Indian convicts of the Bangalore Central jail and Mysore jail

From

The DG of Prisons

No. 411/31-08 Dated 28-4-12 Received 26-4-12

Diary No. 2891	Enclos. 2	Spare Copies. —	Serial No. 1

BRIEF ABSTRACT OF LETTER.

Reports that the modified scale of diet to hard labour Indian convicts has proved very beneficial to the health of prisoners and requests sanction to its continuance for three years

NOTES AND ORDERS.

Col. 2 Ss. 5.

1

Subd. On the recommendation of the Inspector General a modified scale of vegetarian diet was sanctioned in G.O. 2598/Pris 45-10-5 dated 13th March 1911 and he was required to make a report after the expiry of one year. The report now made shows the new scale

NOTES—First Sheet.

GPB—30,000—12-8-11

(2

G. R. S. 12]

General and Revenue Secretariat.

Pris File No. 53 of 1911

Serial No.

of diet has proved beneficial to the health of prisoners. From the report of the Supdt Bangalore Central Jail (copy sent by DG.) it will be seen, that a saving of about Rs 4446/- has been effected by the adoption of the new scale. The DG. requests sanction to the continuance of the new scale for another term of three years.

✓ With the concurrence of the Hon'ble the Resident the new scale was adopted in the case of the convicts of the C and M Station confined in the Central Jail. In case the DG's recommendation is to be sanctioned, the Resident has to be consulted before hand. Draft put up.

AS 64 SW(II) 30/4/12

3 Please revise the draft so as to make it Self Contained

RV

30/4/12

4 Draft revised as directed & put up

AS 64 30/4/12 SW(II) 1-5-12

5 May be sent

1/5/12

2nd C

1/5/12

1/5/12

NOTE—Contn. sheet.

GPB—20.000—20-1-12

G. R. S. 12]

General and Revenue Secretariat.

Pols File No. 53 of 191/

Serial No.	
6	Draft approved by 2nd Cl PS. 4.5.12 Issue CSB 4/5/12 4/5/12
2.	To the H.A. Resident Pol no 933 dy 4th May 1912 Requests to be furnished with the views of the Resident regarding the continuance of the modified scale of vegetarian diet in the case of hard labour Indian convicts of the C & M Station confined in the Central Jail for another term of three years.
3.	From the H.A Resident no 302 dy 10th May 1912 States that there is no objection to the continuance of the scale in question Submits with a draft sanctioning for approval or other orders. ASG4 4/5/12 SW(11) 15/5

8/5/12

By file
for
5/5

18/5/12

9 Draft appd by 2nd Cl.

NOTE—Contn. sheet.

56(S4) 2nd C 23/5/12

Issue 27/5

27/5/12

GPB—20,000—20-1-12

4

G. R. S. 12]

General and Revenue Secretariat.

File No. 53 of 1911

Serial No.

To ltr dd of Finance no J 3555 dd 31-5-12
Sanctions the continuance
of the scale as desired —

NOTE.—Contn. sheet.

GPB—20,000—20-1-12

Pws 53-1911

J 2851

No. 411/31-08. Encs: 2.

Office of the Inspr. Genl. of Prisons in Mysore,

Dated Bangalore, 25th April 1912.

From

P.S.Achyuta Rao Esqr.,

Inspector-General of Prisons

in Mysore, Bangalore.

To

C.S.Balasundaram Iyer Esqr., B.A.,

Offg. Secretary to the Government of H.H.

the Maharaja of Mysore, Genl. & Rev. Deptts.

Sir,

In continuation of my letter No.86/31-08 dated 18th January 1911 and in response to the direction contained in Government Order No.J.2508/Pris.45-10-5 dated 13th March 1911, I have the honor to submit copies of letters Nos. 301/F.34 and 122/15-12 dated 18th and 15th April 1912 from the Superintendents of the Bangalore Central Jail and Mysore Jail respectively and to state that the evidence is clear that the modified diet scale suggested by me in January 1911 has been very beneficial to the health of the prisoners.

2. I request, under the circumstances, that you will be so good as to get the sanction of the Government to the modified diet scale being continued for another three years.

I have the honor to be,
Sir,
Your most obedient servant,

P.S. Achyutha Rao

Inspector-General of Prisons.

A.C.C.

III/25/4/12 Pro

19

From The Insp. Genl. of Prisons in Mysore.

To The Offg. Secy. to Govt., Genl. & Rev. Dept.

Dated 25th April 1912.

Despatched

Received

General No. 411

No. 31-08

Enclosure No. 2

Reports on the results of the modified diet scale introduced into the Jails and requests to obtain Government sanction for the same being continued for 3 years more

GPB—4,000—17-3-11

2

Letter No.301/F.34 dated the 18th April 1912 from B.Venkoba Rao Esqr., Offg. Superintendent, Central Jail, Bangalore; to P.S.Achyuta Rao Esqr., Inspector-General of Prisons in Mysore, Bangalore.

-:oooooooooooooo:-

Referring to your No.366-7/31-08 of the 15th instant, calling for a report on the effects of the vegetarian dietary sanctioned as a trial for one year in Government Order No.2598/Pris. 45-10-5 dated the 13th March 1911, I have the honor to state as under:-

2. The dietary in question has been in force for one full year from 1-4-1911 to 31-3-1912 and I submit herewith the statement prepared by the Medical Officer of the Jail on the lines prescribed in your docket No.199-200/31-08 of the 18th February 1910. As the Medical Officer remarks under the statement, the number of convicts who gained weight has increased and the diseases under the digestive system have decreased.

3. The figures for 1908 and 1909 are for the Calendar year while the figures for 1910 and 1911 are for the periods from 1st April 1910 to 31st March 1911 and from 1-4-1911 to 31st March 1912 respectively. From 1st January 1908 to 31st March 1910 the mixed dietary prescribed in the Mysore Jail Manual was in force and from 1st April 1910 to 31st March 1911 the vegetarian dietary sanctioned in Government Order No.2566-67/Pris.34-08-7 dated the 8th March 1909 was in force in the case of all prisoners except a few on whom the dietary now under report with a slight modification was experimentally tried before its introduction during the year under report.

4. The weighments in the Calendar year 1908 related only to prisoners discharged from Jail. General weighments commenced in 1909 and since then the weighment records have been regularly maintained.

5. As regards the cost, the dietary under report is about 2 annas cheaper per prisoner per week than the mixed dietary and is of the

same

same cost as the dietary in the previous 12 months. The average number of hard labour convicts was 684 in the year ending 31st March 1912 and consequently the cost of dieting them was about Rs.4446/- less than what it would have been if the mixed dietary had been in force.

6. Seeing that the present dietary has been tried only for one year, I agree with the Medical Officer that although the scale has been found suitable so far, it should be tried tentatively for 2 or 3 years more before it is finally sanctioned.

++++++++++++++++++++

" C O P Y "

J. V. Cunningham

Inspector-General of Prisons.

T.C.G.

Letter No.122/15-12 dated the 15th April 1912 from .S. Krishnaswamy Iyer Esqr., Superintendent, Mysore Jail; to I.C. Achyuta Rao Esqr., Inspector-General of Prisons in Mysore, Bangalore.

-++++++++++++++++-

Adverting to your No.366-7/31-08 of the 11th instant, I have the honor to report that there has been a steady improvement in the weight of the prisoners, as may be seen from the statements submitted to your office every fortnight. I am therefore of opinion that the modified vegetarian diet scale now in force is improving the general health of the prisoners. There have been no complaints about the diets from the prisoners.

--------oooo-------

" C O P Y " .

J. V. Achyutha Rao

Inspector-General of Prisons.

T.C.G.

2841/4/5

5

G.R.S. 26]

Pols File No. 53-7

Serial No. 2..

Diary No. of letter replied to. _____

pol
No. 933

General and Revenue Secretariat

( )

, the *19* .

Date of issue. 7.5.12.

Signed by

To

The H. A. Resident.

Sir

With reference to correspondence ending with your letter No 1213 dt 24th Feb 1912 regarding the adoption of a modified scale of vegetarian diet in the case of hand labour Indian convicts of the K Cth Station confined in the Central Jail, Bangalore, I am directed to state that the modified scale was adopted in the case of all ~~convicts~~ hand labour Indian convicts in

over.

SUBJECT.

in the Mysore and Bangalore Central Jails from 1st April 1911. The I.G. of Prisons has now reported that the new scale has proved beneficial to the health of prisoners and has applied for sanction to continue the scale for another term of three years. It is reported that since the introduction of the revised scale of diet there has been an improvement in the weight of the prisoners and that the diseases under the digestive System have decreased. ~~According to the~~ Before sanction is accorded the Durbar are in favour of the I.G's suggestion and they propose ~~I.G's proposal, the Durbar~~ would like to have the views of the Hon'ble the Resident as to whether the new scale may similarly be continued in the case of hard labour Indian convicts of the E & M Station for another term of three years. I am to request the favour of an early reply in the matter

pending its final adoption.

List of enclosures,

J Crawford
CSB 1/5/12

SW(II) 1.5.12

Offg Secy

(Dfd ~~AGG~~ 30/4/12)
Copied by CB 2/5

Examined by

GPB—20,000—25-9-10

III
10-5-12

No. 2749.

J 3021
Polno 1811
11-5-12

Pris 53-11-3-

FROM

P. B. WARBURTON, ESQ., I. C. S.,
FIRST ASSISTANT TO THE RESIDENT IN MYSORE.

To

The Dewan of Mysore.

Dated Bangalore, 10th May 1912.

SIR,

With reference to Mr. Balasundaram Iyer's letter No. 933 Pol., dated the 7th May 1912, I am directed to say that there is no objection to the continuance, for a further period of three years, of the modified scale of diet adopted in the case of hard labour Indian convicts of the Civil and Military Station who are confined in the Bangalore Central Jail.

I have the honour to be,

Sir,

Your most obedient servant,

First Assistant Resident.

R. O. 2.—R. P. B.—8-1911.—3,000.

G.R.S. 28]

Pris **File No.** 53-11

Serial No. 4

Diary No. of letter replied to

Proceedings of the Government of His Highness the Maharaja of Mysore.

GENERAL AND REVENUE SECRETARIAT.

(Pris)

the 19

Date of issue 31-5-12

Signed by Mr S. Hiriyannaiya.

READ again

Govt. Progs. No. 2598 | Pris 45-10-5 dt 13-3-1911 directing that the modified scale of ~~vegetarian~~ diet be tried in the case of hard labour Undertrials convicts of the Mysore & Bangalore ~~ORDER THEREON:—~~ No.

~~Central~~ jails and calling for a report at the end of ~~after~~ one year

Read also.

Letter No 411 | 31-08 dt 25th April 1912 from the D.G. of Prisons submitting a report in the matter

Paper under disposal

over. 07 &

SUBJECT.

9

Order thereon. No J3555/Pris 53-11-4 9 31-5-12

It is reported that the adoption of the modified scale of diet has proved beneficial to the health of the prisoners and that there was an improvement in the weight of prisoners and the diseases pertaining to the digestive system decreased. The modified scale has also to be proved more economical than the old scale, and the I.G. of Prisons therefore recommends that it may be tried for another term of three years before being adopted finally.

Under the circumstances explained, Govt are pleased to sanction the continuance of the modified scale of diet for another term of three years.

A report should be made at the end of the period.

26/5

(for Offg Secy)

SW(H) 4/5/12

To the I.G. of Prisons in Mysore

DG(AS&C) 4/5/12